

14 Year Anniversary

EJ AUTISM FOUNDATION'S 14th ANNUAL JIGSAW 4 MILE RUN/WALK FOR AUTISM

SUNDAY, APRIL 19, 2020 • 9:30 AM

EAST ISLIP MARINA, EAST ISLIP, NY
(at the end of Bayview Avenue)

12th Annual RACE WITHIN A RACE featuring the JOHN MCGORRY IRISH MILE! (1.27)

1st male and female to reach the 1.27 mark will receive a Runner's Edge Gift Card!

*4 mile FAST and FURIOUS LITF Sanctioned with Lead Pack Escorts on Marked Course!

RAFFLE PRIZES

AGE GROUP AWARDS

About EJ Autism Foundation

The EJ Autism Foundation was set up in honor of our sons, Eric and Jack, diagnosed with Autism. Its mission is to increase public awareness and to provide funding for Autism programs that work directly with children on the Autism Spectrum. To read how EJ gives back, please visit us at www.ejautismfoundation.org.

Post event party immediately following race at Jackson Hall, 335 E Main St, East Islip, NY

Registration and fundraising opportunities available at www.ejautismfoundation.org

Raise or donate \$50 for EJ and be automatically entered for a chance to win a \$500 target gift card!! See website for details!

\$25 pre-registration by mail • \$25 on-line registration • \$30 day of the race *see website for details

GET THE TIME OF YOUR LIFE!

4-Mile Individual Run/Walk 1/4-Mile Kiddie Run - Starts at 9 am Teacher

Name _____

Address _____

City _____ State _____ Zip _____

Age (on race day) _____ Date of Birth _____ Sex _____

Email Address: _____

Signature _____ Date _____
(Parent signature if runner is 18 years or younger)

In consideration of accepting this entry, I the signatory above, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the EJ Autism Foundation, Massapequa Road Runners Club, Suffolk County, Town of Islip, Suffolk Police Department, East Islip Marina and its tenants, East Islip Fire Department, Suffolk Transportation, Long Island Track and Field, Elite Feats, and their agents, employees and representatives, all volunteers and race sponsors, for any and all damages and injuries suffered by me in this event, whether or not caused in whole or in part by the fault or negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my condition has been verified by a licensed doctor. I hereby grant permission to any and all of the forgoing to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose.

Race Entry Fee _____ Donation _____ Total _____

Enclosed is my \$50 I raised or donated for Automatic Entry for the \$500 Target Gift Card Raffle

PRESENTED BY EJ AUTISM FOUNDATION

WWW.EJAUTISMFUNDATION.ORG

EJ Autism Foundation, P.O. Box 464, East Islip, NY 11730



The John McGorry Irish Mile is a 1.27 Mile Race within our Jigsaw Run. It honors John, our friend and official Jigsaw Starter who we remember in spirit and competition. Awards go to the first Male and Female and first Masters Male and Female to reach the 1.27 mile distance AND complete The Jigsaw 4 Mile Run. (You can win the mile and claim your prize even if you finish Jigsaw in last place!) There is no separate registration for The Irish Mile. All Jigsaw registrants are eligible to participate in The Irish Mile.



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